



GEORGE WASHINGTON  
A NATIONAL TREASURE

# Patriot Papers

PATRIOT n. [Fr patriote < LL. patriota, fellow countryman < Gr patriotes < patris, fatherland < pater, EITHER]

## George Washington Visits George, Washington

National Portrait Gallery Exhibition Tours Country, Opens in Oklahoma City

The van itself wasn't that unusual—a two-door, three-seat white Ford van. It was what was inside that caused all the commotion. Most people don't expect George Washington to come riding through town. But that's just what he did in Seattle, Washington, last March. He was in town to celebrate the Lansdowne exhibition at the Seattle Art Museum.

In Seattle, George Washington joined "The George Tour"—a journey that took George and his friends across the state of Washington to Spokane and back again. George, played by actor William Sommerfield, left Seattle on a cold, windy day with his traveling companions: Carol Wyrick from the National Portrait Gallery, and Mimi Gates, Jennifer Vary, and Erika Lindsey from the Seattle Art Museum. And guess who sat in the front seat next to George? Flat Stanley! He wasn't about to miss this trip!

Up into the mountains they climbed. There was snow everywhere. Stanley wanted to throw snowballs, but the others were anxious to keep going. First stop: The town of George, population 500. This is the home of "The World's Largest Cherry Pie." Yes, even Stanley had a piece of pie!

Next they were off to the show at George Elementary School. President Washington called for volunteers and taught the kids how to



The National Portrait Gallery, Smithsonian Institution, acquired Gilbert Stuart's 1796 Lansdowne portrait of George Washington in 2001 as a gift to the nation through the generosity of the Donald W. Reynolds Foundation.

bow, curtsy, dance the minuet, and plow a field. (Stanley is a terrible dancer. He has two left feet and kept stepping on everyone's toes.) Then out

## "Jelly Belly" George:

Wow! What a Sweet Deal!

Wouldn't you love to be called the "king of jelly bean art"? It just sounds like a tasty title! That's what Peter Rocha, a San Francisco artist, calls himself. He designs jelly bean portraits. And on July 2, his jelly bean portrait of George Washington visited the Seattle Art Museum. Fifty kids took a guess at the number of beans in the



portrait. Can you guess?

Our thanks goes to the Seattle Art Museum and the Jelly Belly Candy Company for sponsoring this event. Everyone was treated to a goody bag of jelly beans and a George Washington pin. How sweet is that?

The answer: 10,008 Jelly Belly beans. That's enough jelly beans for one person to eat for about the next two years! We hope Peter doesn't sample as many as he uses.

### Coming Soon to a Museum Near You

The Museum of Fine Arts, Houston: February 15 - June 16, 2002  
Las Vegas Art Museum: June 28 - October 27, 2002  
Los Angeles County Museum of Art: November 7, 2002 - March 9, 2003  
Seattle Art Museum: March 21 - July 20, 2003  
The Minneapolis Institute of Arts: August 1 - November 30, 2003  
Oklahoma City Museum of Art: December 12, 2003 - April 11, 2004  
Arkansas Arts Center: April 23 - August 22, 2004  
The Metropolitan Museum of Art: Fall 2004

came the swords, and they learned to fence.

The tour continued. They stopped to perform again at Moses Lake Museum and Art Center and at St. George's School in Spokane. Each show ended with a pretend "presidential press conference," and the kids had lots of questions for President Washington. "Do you have wooden teeth?" "Were you hungry after the war?" "Did you ever live in the White House?" And the favorites, "Are you really George Washington?" "Is Stanley really flat?"

The last stop was the governor's mansion in the state capital of Olympia. The National Portrait Gallery gave the state of Washington a special copy of the Lansdowne portrait. Then everyone jumped into the van and headed home.

Coming up in December—Oklahoma City. And just in time for rodeo and the Cowboy Christmas Ball. Stanley has his boots, his hat, and he's ready to ride. George? I don't think he wears a cowboy hat!



George and Flat Stanley logged more than 1,000 miles touring together

### SOME PIE!

George, Washington, is the home of the world's largest cherry pie, which is eight feet square. The pie is baked each July 4 and served to the public by the Georgettes, a local ladies club.

CRUST:  
159 lbs. flour  
72 lbs. shortening  
salt to taste  
water to right consistency

FILLING:  
100 gallons cherries  
200 lbs. sugar  
75 c. tapioca  
2 c. almond extract  
1½ c. red food coloring

"George Washington: A National Treasure" is organized by the National Portrait Gallery, Smithsonian Institution, and made possible through the generosity of the Donald W. Reynolds Foundation.

## About the Artist

Gilbert Stuart was born on December 3, 1755, in Saunterstown, Rhode Island. He began to study painting in his early teenage years, while traveling around Europe. After painting the Lansdowne portrait, Stuart painted Presidents Adams, Jefferson, Madison, and Monroe. His most famous portrait of Washington is recognizable today on the one-dollar bill and on postage stamps.

## Making Connections

Imagine you are an actor who portrays a historical figure. Who would you be? How could you talk, dress, and behave to be like this person? Create this character.

# Elementary School Teacher's Edition

**Fellow educators:** *The Patriot Papers* was developed as a vehicle for enrichment in the classroom. As a teaching tool it seeks to put George Washington in context, realizing that while Washington influenced America, America also influenced Washington. The news of the day, the social scene, the fashion, the gossip, the political events, his family, and his contemporaries all had their impact. This interdisciplinary approach to studying Washington should serve a variety of subjects—literature as well as history, language arts as well as visual arts. Designed to coincide with national curriculum standards in both social studies and the language arts, *The Patriot Papers* provides opportunities to sharpen critical thinking skills, interpret primary source materials, arrange events chronologically, determine cause and effect, summarize and analyze historical events and ideas, and discover relationships between America's early history and the present day.

The paper also encourages student involvement. We challenge all to become actively involved in service to country and share their efforts with students across the United States. We hope to publish student art and poetry, as well as stories of service, through our website and publication. *Pledge It Forward* and enjoy the journey.

—Felice Pulles, editor-in-chief

### Related national standards in historical thinking

- Chronological thinking
- Historical comprehension
- Historical analysis and interpretation
- Historical research

### Related national standards in language arts

- Reading for perspective
- Reading for understanding
- Applying knowledge
- Evaluating data
- Developing research skills
- Developing writing skills

## Writing to Learn

Students spend numerous hours *learning to write*, and we usually depend on the English teachers to instruct them. We forget that students can also *write to learn*. The very act of thinking an idea through in order to put it on paper leads to clarification of that idea. And as students write, more ideas emerge, questions find answers, and confusion finds clarity as words take shape and form. We need not always know the ending or the answer when we begin to write. The journey will often reveal it.

The activities suggested in **Writing to Learn** are intended for student exploration, to let students meander through inspirations, arguments, and ideas until they make meaning of their own. Initially, don't worry too much about form, structure, spelling, and grammar; it's only a work in progress. Ideas are best generated when words flow quickly. The mind can race far faster than the pen. Let it race and catch those ideas on the fly.

### Create an Old-Fashioned Advertisement

Ask students to create advertisements of their own using our authentic 18th-century advertisements as models.

- Advertise an unusual product
- Publicize an upcoming event
- Place a "Help Wanted" advertisement

## Making Connections

Find the dates to these main events. Many are in the newspaper. Construct a simple timeline that puts these major events in chronological order. Use images, drawings, or symbols to represent each event.

- \_\_\_\_\_ Boston: Boston Tea Party
- \_\_\_\_\_ France: Bastille stormed, French Revolution begins
- \_\_\_\_\_ Thomas Jefferson writes the Declaration of Independence
- \_\_\_\_\_ American Revolution ends
- \_\_\_\_\_ Washington becomes first President
- \_\_\_\_\_ Gilbert Stuart paints Washington's portrait
- \_\_\_\_\_ President and Mrs. Washington move into residence on High Street in Philadelphia

### General Washington Rallies Troops at Valley Forge

VALLEY FORGE, 1777-1778—General Washington struggles to keep his troops alive and well in Valley Forge, Pennsylvania, this winter. Inadequate shipments of food, clothing, and supplies have left the regiments in shambles. Poor hygiene and serious disease threaten the lives of all the soldiers camped there. General Washington has asked for more supplies, but has not been successful. While General Washington struggles alongside his men, his political enemies threaten to remove his power. Some critics feel that others are better suited to lead the Continental army.

### Martha Washington Buries Fourth Child

YORKTOWN, 1781—After losing two children in infancy and her daughter Patsy to epilepsy, Martha Washington lost her last child to camp fever. John Parke Custis, known as Jacky to family and friends, passed away on November 5 at Yorktown. This happened just seventeen days after the surrender of Britain's General Cornwallis. Jacky leaves behind a wife and four children. General and Mrs. Washington will raise the younger two children, Eleanor "Nelly" Custis and George Washington Parke Custis, at Mount Vernon, their home in Virginia.

### Where's George?

M H K F H A M I L T O N T N Y  
O H T X E L G H I S S R Q O T  
U K E E S D C E M U A A P S I  
N P S M E I E A O U M L G R L  
T R C A Q T D R T R A W C E I  
V E L R E A E S A N G Q G F V  
E T L T N N T S S L B E I F I  
R C N H B R J D L C I Q S E C  
N Q O A E W O A U A Y S R J F  
O J I B R W B H B F F P T M O  
N H L K N N F R S Q Y N I S S  
L I P E N N S Y L V A N I A E  
G Y S H T A O Y T L A Y O L L  
M V F H Z C G R J N Q W Z G U  
X C T Y C V T Q H V G U Y L R

False teeth	Jefferson	Mount Vernon
Federalists	John Adams	Pennsylvania
George	Lansdowne	Rules of Civility
Gilbert Stuart	Loyalty oath	
Hamilton	Martha	

### Washington Unanimous Pick for President at Convention!

NEW YORK, 1789 (AP)—After months of debate to establish our new American government, the first official election was held on February 4, 1789. George Washington received all 69 electoral votes! Washington, who will be inaugurated on April 30 of this year, accepted the presidency, even though he wished to return to his estate at Mount Vernon and retire. "I was summoned by my country," said Washington. He and his wife Martha will soon move to the country's capital, New York City.

### Washington Graciously Delays Retirement for a Second Term

PHILADELPHIA, 1793 (AP)—President George Washington has won his second election to the presidency of the United States! The inauguration will take place on March 4 in Philadelphia, the new capital of the United States. However, Washington is doubtful about being the President again. He wrote to his friend Henry Lee that he accepted the presidency only "after a long and painful conflict in my own breast." He really wanted to return to Mount Vernon and retire. The next four years could be difficult. There are arguments over the interpretation of the Constitution. Secretary of the Treasury Alexander Hamilton and Secretary of State Thomas Jefferson strongly disagree. President Washington fears this will divide the country.

### Whiskey Rebellion Shakes Western Pennsylvania

PHILADELPHIA, 1794—Western Pennsylvanians have started a violent opposition to government taxes. They are launching the first major civil disturbance of President Washington's term in office. Last week, U.S. Marshal David Lenox was trying to collect taxes on locally distilled liquor in Westmoreland County. Military action will be taken, much to the regret of the President: The army is being organized from other northern states and they will advance into Pennsylvania shortly.

### WOULD YOU SIGN A LOYALTY OATH?

During the Revolutionary War, the British would have required you to sign an oath similar to this:

"I voluntarily take this OATH to bear Faith and true Allegiance to His MAJESTY KING George the Third; — and defend to the utmost of my Power, His sacred Person, Crown, and Government, against all Persons whatsoever."

Would you have signed? How many colonists do you think were loyal to the British crown?

## The Patriot Papers

The Patriot Papers serves students of all ages. It is published quarterly by the National Portrait Gallery, Smithsonian Institution, P. O. Box 37012, Washington, D.C. 20013-7012

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The opinions expressed in *The Patriot Papers* are not necessarily those of the Smithsonian Institution or the National Portrait Gallery.

Teaching materials to accompany the exhibition "George Washington: A National Treasure" are available to educators at no cost by visiting [www.georgewashington.si.edu](http://www.georgewashington.si.edu) or by calling 1-866-NPG-KITS.

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AT THE CITY ORDINARY,  
ON WEDNESDAY  
THE 28TH OF THIS MONTH:

Such Gentlemen  
& Ladies are  
respectfully invited  
to attend this  
delightful spectacle.  
To the amazement  
of all, the

LEARNED  
PIG



counts, adds, &  
subtracts numbers  
& even  
identifies colors.

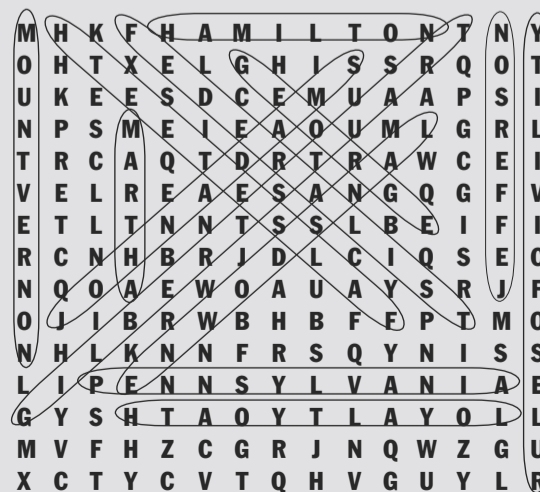
The Doors will be open  
at Six o'Clock.

MR. FINNIE  
respectfully informs  
the gentlemen  
amateurs of FENCING,  
that he Proposes  
opening a

FENCING  
ACADEMY

on the 5th of  
February on River  
Street, the second  
door from King  
Street, where that  
noble art will  
be taught every  
Tuesday, Thursday,  
and Saturday.

### Word find key



## November 1796

**RUNAWAY SLAVE.** Mrs. Washington is greatly distressed by the loss of Olney Judge, her Mount Vernon servant so skilled in needlework. The girl, we hear, was lured away by a Frenchman who tired of her and left her stranded in Portsmouth, New Hampshire. President Washington has sent word that all will be forgiven if she returns to her mistress, but she has refused to come back unless promised her freedom. This puts the President in an awkward situation. Privately he has said that although he is sympathetic to her demand, setting her free would only reward her for running away and would spread discontent among the rest of his servants (as he calls them), who by being faithful are more deserving of their freedom than the runaway. Above all, the President cautioned that no violent means should be used to bring her back, lest a mob or riot be excited. Rather than risk this happening, he would tell Mrs. Washington she must get along without the services of Olney Judge.

## December 1790

**FREEDOM TOO GREAT A TEMPTATION.** President Washington has brought a handful of servants from Mount Vernon, but he will be faced with the difficulty of complying with the Pennsylvania law freeing adult slaves who have lived in Pennsylvania for six months in a row. It is believed that the President, therefore, will have to shuttle these servants back and forth and suffer the inconvenience of sometimes being without his cook, Hercules. Asked if he feared his slaves might take advantage of being in the North to run away, the President has privately conceded that “the idea of freedom might be too great a temptation for them to resist.”

- \* George Washington was only 11 years old when he inherited 10 slaves from his father in 1743.
- \* By the time he was 22 years old, Washington owned approximately 36 slaves. At his death in 1799, Washington had 316 slaves at Mount Vernon, 123 of whom belonged directly to him. The remaining 193 were “dower” slaves—those he acquired through his marriage to Martha.
- \* Washington did not buy or sell any slaves after the Revolutionary War.
- \* Approximately 75 percent of the slaves at Mount Vernon worked in the fields. Of these, nearly 65 percent were women.
- \* Washington allowed his slaves to marry, although such arrangements were not legally binding at that time.
- \* In his will, Washington freed all of the slaves he owned. His personal valet, William Lee, was released with a payment of \$30 per year for the rest of his life, a considerable sum in those days.



## December 1790

**PRESIDENTIAL RESIDENCE, 190 HIGH STREET, PHILADELPHIA.**

Additions will be made to accommodate Mrs. Washington and her two grandchildren, Nelly, who is about twelve, and George Washington, who is about ten, as well as the President's secretary and numerous servants.

George Washington and His Family by David Edwin, after Edward Savage, stipple engraving, 1798. National Portrait Gallery, Smithsonian Institution

Throughout the coming months *The Patriot Papers* will address the issue of slavery during George Washington's time. In view of Washington's many attributes and accomplishments, it is difficult to acknowledge his role as slave owner. Guest historians will share their perspectives; we invite you to share yours. Hopefully, through dialogue, we will increase our understanding.

— F. A. Pulles, editor  
PatriotPapers@npg.si.edu

**RUN AWAY FROM MY**

**PLANTATION**, called *Newport News*, on the 17th of *January*, a very likely Negro Fellow named *Strawberry*, about thirty Years of Age, has lost one of his fore Teeth, and had on a Cotton Waistcoat and Breeches, Plaid Stockings, and Negro Shoes. The Negroes upon the Plantation saw him go away with two Sailors; he can read, and I imagine he will attempt to go out of the Country on Board a Vessel. I do hereby forewarn all Masters of Vessels from carrying him away, as they shall answer it at their Peril. Whoever brings the said Negro to me, in *York County*, shall have TEN POUNDS Reward if he is taken in this Colony, and TWENTY POUNDS if out thereof.

—WILLIAM DIGGES, Junior

**Possessions**

Today, most of us own many more things than we really need to live on. When Washington was 11 years old, his family made an inventory (or list) of their possessions. Here is what they owned, besides their land:

- 16 pairs of sheets
- 17 pillowcases
- 13 beds
- A couch
- Desks
- Chairs
- A fireplace set
- Tablecloths
- Napkins
- A looking glass (mirror)
- One silver-plated soup spoon
- 18 small spoons
- 7 teaspoons
- A watch
- A sword
- 11 china plates
- 20 slaves

How many of these same items are owned by your family today? Are you surprised to see “slaves” listed as part of the inventory of possessions? If you were to make an inventory of every item in your home, how long do you think the list would be? How many items would be unfamiliar to George Washington?

**Making Connections****George's Genealogy**

George Washington's family can be traced back all the way to the mid-1500s. Although George and Martha never had children together, there are numerous recorded cousins, and many people today claim to be related to our first President. How far back can you trace your family? Design a simple family tree.

**The White House**

President John Adams was the first to live in the White House, even though construction was not complete. During the War of 1812, the British set fire to the White House, but it survived. The original stone walls, built two centuries ago, are still in place today. The White House now has 132 rooms, 35 bathrooms, and 6 levels, with 412 doors, 147 windows, 28 fireplaces, 8 staircases, and 3 elevators. Draw a picture of the house you would want to live in if you were President, or design one special room.

**Extension activities:****Playing with Possessions**

- Possessions tell us a lot about a person. Have each student choose one item to represent each member of his or her family (including the student) and assemble these in a backpack or box. Then each student should choose one item that best represents the entire family. Encourage students to do this exercise with their families. Each student should be able to tell the class why he or she chose the one item that best represents him or her. (Each student could assemble a backpack or box with only his or her own items if families prove difficult.)
- Have students take an inventory of their bedroom. (It might be frightening but could be revealing of personality.)
- Students can be divided into groups and assigned a specific historical family to represent. The group would first research the family and then discuss issues and debate ideas representative of that family. They can also construct the same family backpack representing their historical family.

**For Discussion and Debate**

Have students do further research on slavery. Good websites include Mount Vernon's site at [www.mountvernon.org](http://www.mountvernon.org), the Hubbard House Underground Railroad Museum in Ohio at [www.hubbardhouseugrrmuseum.org](http://www.hubbardhouseugrrmuseum.org), or the Decatur House at [www.decatourhouse.org](http://www.decatourhouse.org).

## Building Vocabulary

Define the terms “Federalist” and “Republican” as used in Washington’s time. What did each political party represent? Which parties did Jefferson and Hamilton support? Why? How do these terms relate to the Republican and Democratic parties of today?

### Vocabulary Words

**camp fever** 1. Typhus: an infection characterized by high fever, headache, and dizziness; a.k.a. camp diarrhea

**cede** vt. 1. To surrender possession of, formally or officially. 2. To yield or grant, as by a treaty.

**tippet** n. 1. A long, slender boa used like a scarf. It was considered a fancy accessory in the 19th century, usually made of swansdown or fur.

## Making Connections

### You as President

What qualities made George Washington a good President? What kind of person should be the President of the United States? Do you think you have what it takes to be a future President? Would you want to be President? Why or why not?

### The Portrait Puzzler answer key

1. Martha Washington
2. Alexander Hamilton
3. Thomas Paine
4. Benjamin Franklin
5. Thomas Jefferson
6. John Adams
7. Abigail Adams
8. John Hancock

## Making a Portrait Silhouette

### HERE’S WHAT YOU WILL NEED:

- A person to be your model
- Chair
- Light source: adjustable desk lamp or even a strong flashlight
- Tape
- White chalk or brightly colored gel pen
- Table
- Colored construction paper
- Black construction paper
- Sharp scissors
- White glue

THE PATRIOT PAPERS

PAGE 4

# PORTRAITS ON PARADE

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## The Portrait Puzzler:

### Who am I? FILL IN THE BLANK

☞ Although George and I never had children of our own, I bore 4 children and, sadly, buried them all.

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☞ I was the secretary of the treasury. I wanted a strong government with many businesses and banks. Thomas Jefferson and I disagreed about many things, and this began to divide the country.

---

☞ I felt the colonies should be independent from England, and wrote this in *Common Sense*. I also felt that “these were the times that try men’s souls.”

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☞ I helped write the Declaration of Independence, and was involved in politics, especially in Philadelphia. I am most famous, however, for using a kite to show the nature of electricity and lightning.

---

☞ I drafted the Declaration of Independence. As President, I doubled the size of the United States with the Louisiana Purchase.



JOHN HANCOCK



ABIGAIL ADAMS



JOHN ADAMS



MARTHA WASHINGTON



THOMAS JEFFERSON



BENJAMIN FRANKLIN



ALEXANDER HAMILTON



THOMAS PAINE

☞ I served as the first Vice President of the United States and as the second President. I was elected to the presidency in 1796. My son later became President in 1825.

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☞ Aside from being a first lady, I fought for women’s rights, especially for women to have the same educational opportunities as men. I also strongly opposed slavery.

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## What Did George Really Look Like?

George Washington towered over most men of the time. Standing about six feet, three inches tall, with long arms and legs, huge hands and feet, and pale blue eyes, Washington attracted notice. When young, his hair was reddish brown, but it lightened as he aged.

As a young man he was strong and athletic looking, weighing about 175 pounds. Later in life, he weighed closer to 200 pounds.

Portraits of the 18th century captured a personality on canvas, much as photographs do today. Both the artist and the photographer try to show the real person through their art. But it is easier for a painter to hide flaws or alter unattractive features than a photographer. The Lansdowne portrait is considered quite realistic, but there are some things the portrait does NOT show about George Washington:

- His face was scarred from smallpox (especially his nose)
- He had a strong “Roman” nose
- Already in his 60s, GW had wrinkles in his skin and a bit of a stomach paunch
- He was wearing ill-fitting dentures that may have distorted his face
- He wore eyeglasses for reading

If you compare this portrait to portraits of other important people during the same time period, you’ll see some very serious faces. Most people did not smile for portraits the way we often are told to “smile” when we have our pictures taken. Portraits were a way to show status and dignity, and to communicate character. People valued a dignified, formal manner, especially in their President.

Look carefully at the Lansdowne portrait on page 1. Identify 3 things the portrait tells us about President Washington:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Compare this portrait with two others of Washington (you can find them in this paper!). Do you notice any similarities? \_\_\_\_\_

Any differences? \_\_\_\_\_

### Did You Know...?

- Washington came from a blended family, having two older stepbrothers and one stepsister?
- He was actually born February 11, not February 22? England changed its calendar when he was a boy, causing his birthdate to become February 22.
- His father died when he was 11 years old?
- He often had a bad temper but slowly learned to control it?
- He loved horseback riding, dancing, and farming?
- He was not always a good student?
- He did not always get along very well with his mother, who was bossy and controlling?
- His older half-brother Lawrence was one of the most important people in young George’s life?
- He had two stepchildren, but no children of his own?

John Hancock by William Smith, 1775; Abigail Adams by Raphaelle Peale, 1804; John Adams by John Trumbull, c. 1793; Martha Washington by an unidentified artist, 1800–1825; Thomas Jefferson by Mather Brown, 1786. Gift of Charles Francis Adams; Benjamin Franklin by Joseph Siffred Duplessis, c. 1785. Gift of the Morris and Gwendolyn Cafritz Foundation; Alexander Hamilton by James Sharples, c. 1796; Thomas Paine by William Sharp, 1793. All images are details and are from the National Portrait Gallery, Smithsonian Institution

## Six Reasons For Greatness

More than 200 years after his death, we still speak of George Washington's greatness. Why? What makes a person great?

1. By age 23, Washington was renowned for his physical courage: he continued to fight in one battle despite having four bullets pierce his clothing and two horses shot out from under him.
2. Washington risked his wealth, his reputation, and his life when he agreed to lead the fight against the British; had he failed, he would have been hung as a traitor!
3. Washington learned to "act like a fox, not like a wolf." He understood that to win the war against Britain, he had to outlast his enemy, not win every battle.
4. Washington agreed to become the first President of the United States, when he could easily have been the first king.
5. He was the only President to be elected unanimously, not once but twice!
6. He was the only Founding Father to free his slaves when he died, although this was not effective until after Martha Washington's death.

Is there anyone alive today who you think is great and will be remembered by history? Defend your choice.

## Did George Washington Stand a Chance?

TO MODERN PEOPLE, IT IS EASY TO THINK THAT MEDICINE IN THE COLONIES was unsafe. Many doctors at the time were self-trained. If he had lived today, George Washington could have been cured with antibiotics. But in 1799, could Washington have gotten better after the treatments he experienced?

During colonial times, no one knew how diseases were spread. One of the main theories focused on the need for a total balance of tension and fluids in the body. This delicate balance was essential to both physical and mental health. If there was too much or too little of any one fluid, a person could get sick. The doctors who tried to help George Washington used medical treatments that tried to balance the fluids.

Washington's doctors bled him several times. They may have thought that taking out extra blood would stop the swelling in Washington's throat. Unfortunately, they took out a lot of blood. That made it hard for George's body to fight the illness.

Doctors also made Washington gargle with vinegar, molasses, and butter. These were used to open up his throat. But his throat was too swollen and he had a lot of trouble swallowing. He almost choked a couple of times too.

Finally, doctors tried to make him vomit to take out any bad fluids. This can cause the body to lose too much water, and that can make someone sicker.

Even though Washington's doctors did a lot of things that modern doctors would not do, they tried very hard to help him. They used medical practices that were believed to be the most helpful. Washington knew that he was very ill. He died bravely.



*George Washington in His Last Illness*, an etching done in 1800 by an unidentified artist, is an example of the public's fascination with the death of its first American hero. National Portrait Gallery, Smithsonian Institution

## George Washington Dies at 67

AFTER RIDING OUTSIDE DURING VERY BAD WEATHER LAST THURSDAY and Friday, George Washington got sick on Saturday, December 14, 1799. An infection\* gave him a sore throat. He also had a fever, and it was hard for him to breathe.

The President's friend Tobias Lear writes that the President grew calm late in the evening and checked his own pulse. Then he died peacefully in his bed. His wife Martha was with him, as well as some servants, doctors, and friends.

A large funeral is planned for Wednesday, December 18, including gun salutes and a procession.

\* *Modern medicine concludes that this was epiglottitis, a bacterial infection.*

## The President with No Teeth!

When George Washington became the first President in 1783, he had only one tooth left in his mouth. As a boy, he had cracked walnut shells with his teeth. As a result, many of them fell out before he was 30! Over the years, Washington wore several sets of false teeth. There is no proof that he ever had wooden teeth. His dentures were made of many things. They were often made from human teeth, animal teeth, and ivory. They were put together with wire and a spring. This allowed the dentures to open and close. Throughout his life, Washington had trouble speaking, chewing food, and smiling. The false teeth could be painful. They sometimes made Washington's cheeks and lips puff out. Fortunately, modern dentistry now allows painless smiles for even the greatest of walnut lovers!



## Lost & Found

Find the following items in *The Patriot Papers*. Circle each item. Then count the number of times that object appears and list the number in the blank to the left. Some objects appear more than once.

1. \_\_\_\_ silhouette
2. \_\_\_\_ pig
3. \_\_\_\_ American flag
4. \_\_\_\_ globe
5. \_\_\_\_ music
6. \_\_\_\_ false teeth
7. \_\_\_\_ sword
8. \_\_\_\_ portrait
9. \_\_\_\_ black boots
10. \_\_\_\_ rainbow
11. \_\_\_\_ dollar bill
12. \_\_\_\_ inkwell
13. \_\_\_\_ medicine bottle
14. \_\_\_\_ pocket watch
15. \_\_\_\_ dancer
16. \_\_\_\_ bonnet
17. \_\_\_\_ military uniform
18. \_\_\_\_ star
19. \_\_\_\_ portrait pendant
20. \_\_\_\_ pictures of George Washington
21. \_\_\_\_ eagle
22. \_\_\_\_ ruffled shirt
23. \_\_\_\_ a fencing academy
24. \_\_\_\_ the word "patriot"

## Capture It in Words

The unidentified artist of the etching *George Washington in His Last Illness* captured the nation's sorrow when he added an inscription and verse beneath the picture. It reads:

**"G. Washington in his last illness attended by  
Doctors Craik and Brown."**

**Americans behold & shed a grateful tear**

**For a man who has gained your freedom most dear**

**And now is departing into the realms above**

**Where he may ever rest in lasting peace above.**

Write this verse out for the students. Ask them what it adds to the work of art. Why would Americans shed "a grateful tear"? Then let them choose 2 or 3 other pictures from this paper and try writing a title or verse of their own. They could even print out the best captions, mount them under photocopies of their paintings, and display them.

## Writing to Learn

Take any character from the past and write a journal entry, a page from a diary, or a letter from his or her perspective.

Make up your own *Rules of Civility* for the 21st century—on dating, on dining, on education, on politics.

## Time Travel

Take any modern personality, celebrity, or politician and send them back in time to comment on an event.

Use George Washington and other people mentioned in *The Patriot Papers* as characters for a skit. Act out what you think George Washington's first inaugural address would have been like. Or re-create a scene from Valley Forge using the information you know. Imagine what a typical dinner would be like for George and Martha, and act this out. How would this be different from a dinner with your family? Don't forget to use dress and language to make the skits more authentic.

### Cross-ing the Delaware answer key

#### Across

- Civility
- Lansdowne
- Whiskey
- George Washington

#### Down

- Teeth
- Federalists
- Gilbert Stuart
- Epiglottitis
- Martha
- Mount Vernon
- Valley Forge

## Make Your Own Portrait of George

### WHAT YOU WILL NEED:

- Thin newsprint or tracing paper
- A new quarter (or one that is not worn down)
- Peeled crayon

### WHAT TO DO:

- Put a quarter on a sheet of thin newsprint or tracing paper.
- Hold the coin steady as you rub over it with the side of a crayon. **TIP:** If you find that the coin slips, you can put a circle of tape on the bottom of the coin to hold it to the desk.
- As you rub the crayon over the coin, you will begin to see the head of President Washington appear!

### QUIZ: On which paper bill can you see President Washington's face?

## In Other Words...

Mistress Goody's Column of Advice on subjects other than politics and war.

RESPECTFULLY BASED ON *THE RULES OF CIVILITY*  
—BY MARLA MAIDEN



In 1745, in the colonial frontier town of Fredericksburg, Virginia, 13-year-old George Washington recorded *The Rules of Civility* in his workbook, probably as a dictation exercise. These "guidelines for the respectable gentleman" would influence him throughout life, guiding him in both social and professional situations. Translations and variations abound, but all stress etiquette, chivalry, and courtesy, often rather elusive concepts in the 21<sup>st</sup> century.

Fortunately, there is one who understands the rules well; in fact, she still recommends their use today. Let us recall a character from the past to assist with our everyday problems. We give you the "Toast of George Town" our own Mistress Goody, always informed, always respectable, and very, very good.



MISTRESS GOODY

*Mistress Goody,*  
*We have assigned seats in my second period geometry class. I am alphabetically challenged in being seated beside the "class clown." He makes so much noise that I can't concentrate. This class is already difficult for me, but I don't want to be a tattletale. What should I do?*

It is highly inconsiderate for your clownish classmate to encroach on your time to angle with angles. Tactfully remind him that his behavior is inappropriate.

**Rule 4: In the presence of others, sing not to yourself with a humming noise; nor drum with your fingers or feet.**

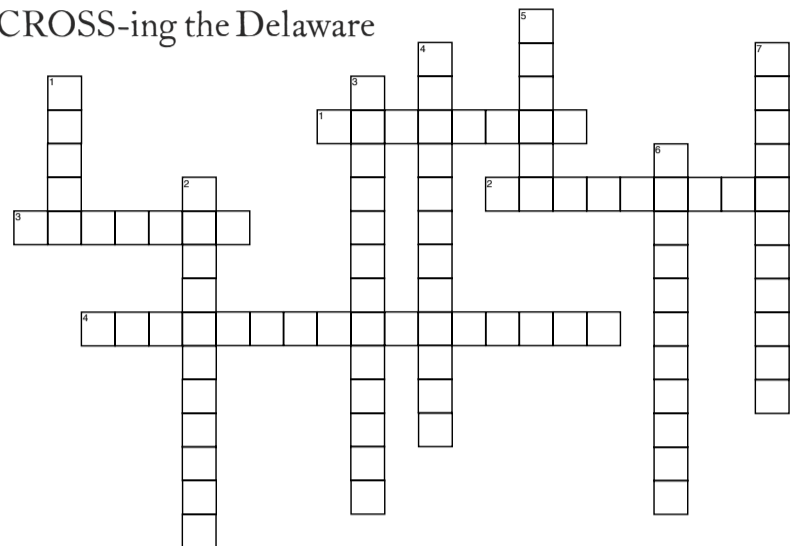
*Mistress Goody,*  
*At my school, it is the latest trend to wear your jeans and tees with holes and frayed seams. Everyone is dressing this way, but my mother refuses to allow me. I feel totally uncool.*

Heed your mother's wise instruction. A trend may triumph for a mere season, but a well-dressed person will adhere to this simple maxim:

**Rule 51: Wear not your clothes, foul, ripped or dusty, but see to it that they be brushed once every day at least, and take heed that you approach not to any uncleanness.**



## CROSS-ing the Delaware



### ACROSS

- George Washington recorded the *Rules of \_\_\_\_\_* when he was thirteen years old.
- The National Portrait Gallery's image of George Washington is often referred to as the \_\_\_\_\_ portrait.

- The violent opposition to the liquor tax is known as the \_\_\_\_\_ Rebellion.
- The first President of the United States

### DOWN

- Washington had to wear a false set of these.

- In the time of Washington, there were two political parties, the Republicans and the \_\_\_\_\_.
- The man who painted a famous portrait of George Washington in 1796.

- George Washington died of this infection.

- The first name of George Washington's wife.
- The name of George Washington's home in Virginia.
- In the winter of 1777–78, Washington struggled to keep his troops alive at \_\_\_\_\_.



*Mistress Goody,*  
*My best friend Valerie takes so much time doing her hair and deciding on her clothes that we are late for everything. We never see all of a movie or make it to a party on time. How can I ask her to speed it up?*

Do impress on vain Valerie that beauty fades, while some friendships can last forever:

**Rule 54: Play not the peacock, looking everywhere about you to see if you be well decked, if your shoes fit well, if your stockings sit neatly, and your clothes appear handsomely.**

*Mistress Goody,*  
*I so wanted a fish tank filled with exotic fish that I begged my parents for one. They agreed reluctantly to this expensive gift, on the condition that I assume sole responsibility for its upkeep. I have realized, however, that I don't really like the fish. They are smelly, slimy, and kind of boring. I don't like cleaning the tank, and I often forget to feed them. What do I do?*

You must bear the burden of these living possessions, or have the courage to admit that you need help. This brings to mind some very sage advice:

**Rule 82: Undertake not what you cannot perform. Be careful to keep your promises.**

## Will the Real George W. Please Stand Up?



PHOTOGRAPH BY JACK MANNING, NEW YORK TIMES

*Actor William Sommerfeld brings George Washington to your community for a three-day trip back in time.*

Guess who's coming to town—direct from Mount Vernon on the banks of the Potomac? It's George Washington, and you can shake his hand. For three days he'll be visiting a museum near you,\* waiting to share his stories and dance the minuet. He looks like George Washington. He has white powdered hair. He's almost six feet, three inches tall. He walks like George and talks like George. He even signs his name like George. Come see for yourself! It's time to take a walk with Washington.

\*Parents, check your local museum for dates and details.

We interrupt this edition of *The Patriot Papers* news to bring you the nearly news—a collection of intimate historical glimpses into the past, captured in not-so-living color in *The Pudding Papers*. The complete episodic adventures can be viewed at your leisure at [www.georgewashington.si.edu](http://www.georgewashington.si.edu). Our on-the-scene trusted correspondents include: Silas Silvertongue, our presidential reporter; Titus Blunt, our congressional correspondent; and our own Prudence Pudding, who provides social notes from all over. (We leave it for you to decide, dear reader, whether she is an upstart hussy or a man in disguise.) In the spirit of the freedom of the press guaranteed by our new Bill of Rights, we intend to act as a watchful eye and a listening ear, sometimes bringing a plate of gossip, but never a dish of scandal.

*\*Editor's note—We apologize in advance for any improprieties, insults, or slanderous remarks on the part of our correspondents. They are, at times ill-mannered, sometimes indiscreet, and, at all times, want of wit.*



### Social Notes from All Over...

Patience Wright by an unidentified artist, etching, 1775. National Portrait Gallery, Smithsonian Institution

April 23, 1789

HE COMES! HE COMES! George Washington, President-elect of the United States, has just set foot on the New York shore after an eight-day triumphal journey from Mount Vernon. The excitement here is unbelievable. Thousands line the streets—all you can see are heads standing as thick as ears of corn before the harvest. Ladies are crowded in every window, anxious for a glimpse of the illustrious man. “I have seen him!” we heard one young lady call out, “and though I had been entirely ignorant that he was arrived in the city, I should have known at a glance that it was General Washington: I never saw a human being that looked so great and noble as he does. I could fall down on my knees before him.” Washington, it can well be believed, is more popular than the new government he is to head.

Philadelphia, July 13, 1793

RICKETTS'S AMPHITHEATRE. Word that the President and his family were to attend a performance of Mr. John Bill Ricketts's dangerous feats on horseback brought a large crowd this evening to what is called the Circus. The acrobatic performance was held to raise money to buy

firewood for the poor during the coming winter. Mr. Ricketts, demonstrating his agility by drinking a glass of wine while on horseback, raised his glass to the health of “The Man of the People.” This produced an immediate clap of applause and a loud hurrah from every part of the Circus. Mr. Ricketts has expressed his agreement with those who call General Washington the finest horseman of the age, saying “I delight to see the general ride, and make it a point to fall in with him when I hear that he is abroad on horseback; his seat is so firm, his management so easy and graceful, that I who am a professor of horsemanship, would go to him and learn to ride.”

June 1791

THE PRESIDENT ON TOUR. When he entered upon the duties of his office, George Washington decided he would visit all parts of the United States to please the citizens and to see how they felt about the new government. Silas Silvertongue, who is with the President's party, reports that they are nearing the end of their two-month journey of 1,887 miles. Towns have been in a bustle of preparation, and at every stop the citizens have come out to meet him with addresses of welcome. Ladies, some rouged up to the ears, have bedecked themselves with sashes and headbands painted with images of the President and patriotic slogans. The festivities include the ringing of bells, bands of music, cannon salutes, and **some very bad poetry**. (See poetry box, upper right.)

Philadelphia, September 1796

A visit to Mr. Peale's museum, Prudence Pudding tells us, is well worth the admission fee of one

### POET'S CORNER... SOME VERY BAD POETRY

#### GEORGE

*There was a young General  
named George  
Who led troops in the Valley at Forge  
His horse was a dolly  
Who took bullets so jolly  
And now he has a horse no more.*

#### REVOLUTIONARY MOMENTS

*Colonists took action and dumped the tea  
They stood strong and would not flee  
Some fought at Lexington, some at Concord\*  
This threat to the British could not be ignored.*

\*Bostonians pronounce Concord — [kahn • kəd].

You're right, that's hard to rhyme!

☞ We take no responsibility for the quality of the work herein. GOOD POETRY SOUGHT. Submit to [PatriotPapers@npg.si.edu](mailto:PatriotPapers@npg.si.edu)

fourth of a dollar, if only to see the huge American buffalo. Peale's rooms are filled with monsters of the earth and sea, a rich array of birds, and a great collection of the bones, jaws, and teeth of tigers, sharks, and many other fearful animals. In one room are rattle, black, and spotted snakes, confined in cases enclosed with wire and glass. She was astonished to see Mr. Peale take out a black snake about four or five feet long, which he permitted to touch his cheek and twine itself around his neck. In the yard and stable were eagles, owls, baboons, monkeys, and a six-footed cow. Mr. Peale is also a painter, and there can be seen in his museum more than a hundred portraits of the more noteworthy personages of our country, including our illustrious Washington.



Charles Wilson Peale, self-portrait, oil on canvas, circa 1791. National Portrait Gallery, Smithsonian Institution

## More Bad Poetry

During the 1770s “Poet's Corners” appeared in newspapers throughout America. Anonymous poems, songs, and satires commented on issues of the day. Americans also produced a great number of political **broadsides**—sheets of paper covered with anonymous poems, songs, and essays—that could be tacked up around the city, left on doorsteps, or even read to groups on street corners. Have your students try their hand at creating broadsides, writing political or social poetry, or drawing political cartoons. Here is a sample to get them started.

### REVOLUTIONARY TEA

*There was an old lady lived over the sea  
And she was an island queen.  
Her daughter lived off in a new country  
With an ocean of water between.  
The old lady's pockets were full of gold  
But never contented was she,  
So she called on her daughter to pay her a tax  
Of three pence a pound on her tea,  
Of three pence a pound on her tea.*

*“Now, mother, dear mother,” the daughter replied,  
“I shan't do the thing you ax.  
I'm willing to pay a fair price for the tea,  
But never the three penny tax.”  
“You shall,” quoth the mother, and  
reddened with rage,  
“For you're my own daughter, you see,  
And sure 'tis quite proper a daughter should pay  
Her mother a tax on her tea,  
Her mother a tax on her tea.”*

## Extension Activities

- Design clothing for a historical character or for a historical novel or play.
- Research Peale's Museum and give a report on some of the odd animals that were included.
- Draw pictures that illustrate some of those peculiar animals in the museum.
- Research Ricketts's Amphitheatre or the history of the circus and report back to the class.

## Making Connections

### Maxims

Benjamin Franklin is well known for writing or rewriting common-sense advice and perspectives on his life and times, as found in *Poor Richard's Almanac*, which was popular in his day and remains popular. Students enjoy deciphering the Franklin proverbs. Initiate a class discussion around some or all of the following:

- Early to bed and early to rise makes a man healthy, wealthy, and wise.
- Never leave till tomorrow that which you can do today.
- Great talkers, little doers.
- No gains without pains.
- To err is human, to repent divine; to persist, devilish.
- He has lost his boots but saved his spurs.
- He that falls in love with himself, will have no rivals.
- He that lies down with dogs shall rise up with fleas.

# Writing to Learn

## Make Your Voice Heard

If you could have a conversation with George Washington, what would it be like? Compose a letter to Washington sharing your thoughts about the state of America during his presidency. Do you agree with the decisions he makes? What would you suggest he do differently? Next, compose a similar letter addressed to our current President. Send this one!

Or . . . pair up with a friend and write a dialogue between Washington and one of his contemporaries where you discuss the issues of the day.

Or . . . play today's TV correspondent and conduct a live interview with Washington. What does he think of America in 2003 and the current state of affairs?

## Pledge It Forward—Self to Service

Divide students into groups and let them brainstorm about possible service projects they could undertake.

Have your students write political poems on "America 2003" and submit them to **PatriotPapers@npg.si.edu**.

## Tile game key

*George Washington — A MAN OF SERVICE; Mrs. Washington's runaway who stayed away! — OLNEY JUDGE; Mistress Goody Quotes...THE RULES OF CIVILITY; Faith Proctor — ON A FASHION FRENZY!; Patriot n. — FELLOW COUNTRYMAN*

## Wanted:

Original art, "bad poetry," stories of community service, pictures, or photos.

Feature your class on our website—send information to **PatriotPapers@npg.si.edu!**

EDITOR'S CHOICE:

## Red Land High Proves "That's What Friends Are For"

*Students Raise \$6,500 in One Week for Billy Spong*

When did you last say thank-you to a teacher? The students at Red Land High School in Pennsylvania found a wonderful way to say "thank-you, we care" to a favorite teacher with a very special son. Teacher Bill Spong and his wife Denise have a little boy named Billy who has a rare form of cerebral palsy called chorea. It prevents Billy from crawling, walking, and talking. But Billy's doctors found a new treatment that helps—it's a special suit that helps Billy move his muscles. Unfortunately, the suit is expensive to use, and it's only used in Detroit, Michigan. Billy has worn the suit twice, and it's helping. Now he can sit up and crawl, and he is trying to stand. But each trip to Detroit costs close to \$10,000.



The students found a way to "Pledge It

Forward" and help out. They mounted a huge talent show. Everyone turned out to help. Forty-two acts were auditioned, 25 acts were chosen, and tickets went on sale. In just one week, the 1,000 seats were sold out. The show included singing, dancing, skits, and even karate! The Kerney sisters performed a mime and won \$500. But the real winner that night was probably Billy. In just one week, the students raised \$6,500. They gave it to Billy and his family while the audience and students sang "That's What Friends Are For." Some of the money will buy Billy a special walker. The rest will help buy Billy an electric wheelchair. For Bill and Denise Spong, it was a moment they'll never forget. And Billy is just wondering how fast he'll be able to race in an electric wheelchair.



Billy's buddies help "Pledge It Forward" through flight, fantasy, and fun

## Gardening and English: Side by Side

The kids at College Place Middle School in Lynnwood, Washington, are learning English while they plant gardens. They are students in the English as a Second Language (ESL) class. When the project started, the kids paid for the flowers themselves. But when they wanted to plant a second garden, teacher Merilee Bengtsson went to the parents for help. The Parent Club donated funds, and now students and parents plant side by



Rita Kandybina from Russia, José Beltran from Mexico, and Salvador Peña Torres plant a clematis in the Peace Garden at their school.

side. The project has expanded and now has Master Gardeners. And there are units for science, mapmaking, and math. "When I plant the flower, I feel great," said one young African boy. He is improving his English right along with his gardening skills. "This project has become a focus of community spirit and school pride," said Bengtsson. "We hope the lessons teach kids to make gardens both beautiful and environmentally kind."

## Portland Pledges: "We Can Always Learn from Kids"

At Portland Lutheran School in Portland, Oregon, the students are taking "Pledging It Forward" seriously. "We started a new campaign based on the idea of paying forward kindness and building community," said teacher Desi Pritchard. The students did everything. They delivered meals on wheels, donated food and blankets to animal shelters, and visited retirement homes. The third graders helped by collecting and sorting the recycling. The older students started a "homework club" and helped the younger kids. They even taught them how to play chess! "The younger bunch can't wait to come back and return the favor to another group," said Pritchard. "We can always learn from kids."

What are you doing to help your school? Write and tell us. Start today!

## Kids Surprise Seniors

Students from George Elementary School paid the residents of Quincy Convalescent Center in Quincy, Washington, a visit in April. Glenda King's second- and third-graders had spent one day the previous week making spring cards and baking cookies. Students introduced themselves to the residents and presented each with a card. They also gave cookies to the residents who were able to have them. One resident requested a song, and the kids sang a rousing version of "God Bless America." The residents loved the handshakes and conversations, and the students left with many requests to visit again.

## Pledge It Forward—Self to Service

*A Challenge from The Patriot Papers*  
—F. A. PULLES, EDITOR-IN-CHIEF

The Portrait Gallery's Office of Education would like to recognize those who continue to care about community. We challenge you to *Pledge It Forward*—pledge time to your schools, youth organizations, senior centers. We'll feature your stories and photos on our website at [www.georgewashington.si.edu](http://www.georgewashington.si.edu). Projects of particular merit will be published in *The Patriot Papers*. Get creative; get busy. And together, we can build a community of caring. Write to us at **PatriotPapers@npg.si.edu**.

## Tile Game

Unscramble the tiles to reveal a message.

### George Washington

AN A M OF VIC E. SER

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### Mrs. Washington's runaway who stayed away!

GE OL JUD NEY

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### Mistress Goody Quotes...

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### Faith Proctor

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### patriot n.

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